(Affiliated to ASA NER Region)

**Winter Open Meet 2020**

Under ASA Laws & ASA Technical Rules

License Number 3NE200874

(For entry into Regional and County Championships)

**Friday 11th - Sunday 13th December 2020**

Scarborough Sports Village, Scarborough, YO11 2JW

25m, 8 Lane Pool with anti-wave ropes  
Large scoreboard with electronic timing

9yrs, 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs +   
Ages as of 13th December 2020

50m, 100m, 200m, 400m Freestyle

Mixed 800m & 1500m Freestyle

50m, 100m & 200m Backstroke, Breaststroke and Butterfly  
100m, 200m & 400m Individual Medley.

50m and 100m events will be A/B Graded

Senior (13 years +) Freestyle 1 x 50m SKINS – Qualified from 200m Freestyle  
A&B Grade Junior (12 years & Under) Freestyle 1 x 50m SKINS – Qualified from 100m Freestyle

All events are heat declared winners  
Medals 1st – 3rd in each age group and grade  
Speeding Tickets for times faster than the cut offs for entered grade

Senior Skins – 1st £60, 1st Runner Up Pair £40, 2nd Runner Up £20  
Junior Skins – 1st £60, 1st Runner Up Pair £40, 2nd Runner Up £20

Individual entries: £6.00. 800m/1500m entries: £12.00

Coaches & Poolside Passes: £25.00 each including Buffet Lunch  
Spectator Tickets: £8 per day, £5 per Morning/Afternoon

Poolside passes must be purchased with the entries  
Spectator tickets to be purchased on the day

Entries to be submitted on-line via [www.OpenMeets.co.uk](http://www.OpenMeets.co.uk).   
*Entries open 00:00 Hrs 13th July 2020 and close midnight 13th November 2020 or when the meet is full*

For further information please  
visit [www.scarboroughswimmingclub.org.uk](http://www.scarboroughswimmingclub.org.uk)/events  
or email [scarboroughswimmingclub@gmail.com](mailto:scarboroughswimmingclub@gmail.com)

Promoter: Nathan Renshaw

**Skins Event**

The Skins Event is a multi-round of 1 x 50m Freestyle elimination competition.

The 6 fastest 13yrs & Over Male & Female swimmers from the 200m Freestyle qualify for the Senior Skins.

The 6 fastest 12yrs & Under Male & Female swimmers in each of A & B grade from the 100m Freestyle qualify for the Junior Skins.

Swimmers who swim faster than the oldest appropriate age group, will not be eligible for the skins.

All skins qualifiers must confirm they are swimming by the specified time and should listen for announcements.

Skins qualifiers must attend their briefing at the stated time.

Any swimmer not present at the start of the briefing will be replaced from the reserve list.

The skins qualifiers lanes are drawn at random at the start of the briefing.

After each round is swim the slowest swimmer is eliminated unless another team is disqualified, in which case the disqualified team is eliminated.

There will be a fixed 3-minute recovery time between rounds.

During the skins event only competing swimmers and necessary officials are allowed at the deep end of the pool.

**Schedule of Events**

**Friday Evening Session 1**

Warm-up: 6:30pm, First heat: 7:10pm

|  |  |
| --- | --- |
| 101 | Mixed – 800m Freestyle |
| 102 | Mixed – 1500m Freestyle |

**Saturday Morning - Session 2**

Warm-up: 7:45am, First heat: 9:00am

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| --- | --- |
| 201 | Girls – 200m Freestyle |
| 202 | Boys – 50m Breaststroke |
| 203 | Girls – 50m Butterfly |
| 204 | Boys – 100m Freestyle |
| 205 | Girls – 200m Backstroke |
| 206 | Boys – 200m Breaststroke |
| 207 | Girls – 100m Breaststroke |
| 208 | Boys – 400m Individual Medley |
| 209 | Girls – 100m Individual Medley |

**Saturday Afternoon – Session 3**

Warm-up: 1:00pm, First heat: 2:10pm

|  |  |
| --- | --- |
| 301 | Senior Girls – Freestyle Skins |
| 302 | Junior Boys – Freestyle Skins A Grade |
| 303 | Junior Boys – Freestyle Skins B Grade |
| 304 | Girls 200m – Individual Medley |
| 305 | Boys – 50m Freestyle |
| 306 | Girls – 50m Backstroke |
| 307 | Boys – 200m Butterfly |
| 308 | Girls – 100m Butterfly |
| 309 | Boys – 100m Backstroke |
| 310 | Girls – 400m Freestyle |

**Sunday Morning - Session 4**

Warm-up: 7:45am, First heat: 9:00am

|  |  |
| --- | --- |
| 401 | Boys - 200m Freestyle |
| 402 | Girls – 50m Breaststroke |
| 403 | Boys – 50m Butterfly |
| 404 | Girls – 100m Freestyle |
| 405 | Boys – 200m Backstroke |
| 406 | Girls – 200m Breaststroke |
| 407 | Boys – 100m Breaststroke |
| 408 | Girls – 400m Individual Medley |
| 409 | Girls – 100m Individual Medley |

**Sunday Afternoon – Session 5**

Warm-up: 1:00pm, First heat: 2:10pm

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| --- | --- |
| 501 | Senior Boys - Freestyle Skins |
| 502 | Junior Girls – Freestyle Skins A Grade |
| 503 | Junior Girls - Freestyle Skins B Grade |
| 504 | Boys - 200m Individual Medley |
| 505 | Girls – 50m Freestyle |
| 506 | Boys – 50m Backstroke |
| 507 | Girls – 200m Butterfly |
| 508 | Boys – 100m Butterfly |
| 509 | Girls – 100m Backstroke |
| 510 | Boys – 400m Freestyle |

**A GRADE**

**Cut-offs (not faster than)**

**Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **9** | **10/11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | 30.80 | 29.10 | 27.10 | 26.60 | 25.30 | 24.00 |
| 100m Freestyle | 1:06.60 | 1:02.50 | 59.20 | 57.00 | 55.10 | 52.90 |
| 200m Freestyle | 2:24.00 | 2:15.00 | 2:08.70 | 2:03.80 | 1:58.30 | 1:55.40 |
| 400m Freestyle | - | 4:44.00 | 4:30.90 | 4:21.90 | 4:10.50 | 4:07.60 |
| 800m Freestyle | - | 10:37.7 | 9:56.4 | 9:26.3 | 8:44.5 | 8:31.1 |
| 1500m Freestyle | - | 20.18.8 | 18:42.1 | 17:51.5 | 17.17.5 | 16:26.1 |
| 50m Breaststroke | 40.00 | 37.50 | 35.10 | 33.70 | 31.70 | 29.40 |
| 100m Breaststroke | 1:26.00 | 1:20.50 | 1:15.30 | 1:12.20 | 1:08.20 | 1:05.40 |
| 200m Breaststroke | 3:18.10 | 3:04.7 | 2:53.6 | 2:43.2 | 2:28.7 | 2:20.3 |
| 50m Butterfly | 34.10 | 32.30 | 30.50 | 29.20 | 27.60 | 25.10 |
| 100m Butterfly | 1:15.40 | 1:10.40 | 1:06.20 | 1:03.20 | 58.20 | 55.90 |
| 200m Butterfly | 3:00.80 | 2:44.70 | 2:35.10 | 2:26.30 | 2:12.1 | 2:06.80 |
| 50m Backstroke | 35.50 | 33.60 | 31.60 | 30.50 | 28.50 | 28.40 |
| 100m Backstroke | 1:15.30 | 1:10.90 | 1:06.00 | 1:03.80 | 1:00.80 | 59.60 |
| 200m Backstroke | 2:50.80 | 2:40.10 | 2:31.20 | 2:22.90 | 2:10.40 | 2:05.20 |
| 100m IM | 1:18.20 | 1:13.90 | 1:09.80 | 1:06.50 | 1:02.70 | 1:00.00 |
| 200m IM | 2:43.40 | 2:34.20 | 2:26.60 | 2:16.60 | 2:13.70 | 2:10.20 |
| 400m IM | - | 5:46.60 | 5:25.20 | 5:09.60 | 4:42.80 | 4:30.70 |

**Girls**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **9** | **10/11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | 31.30 | 29.90 | 29.00 | 28.50 | 27.90 | 26.50 |
| 100m Freestyle | 1:07.20 | 1:03.30 | 1:02.00 | 1:02.00 | 59.50 | 57.00 |
| 200m Freestyle | 2:24.50 | 2:16.90 | 2:12.90 | 2:10.90 | 2:08.00 | 2:05.80 |
| 400m Freestyle | - | 4:44.60 | 4:37.20 | 4:33.10 | 4:28.30 | 4:16.60 |
| 800m Freestyle | - | 10:21.1 | 9:49.9 | 9:29.5 | 9:20.2 | 9:11.8 |
| 1500m Freestyle | - | 19:58.5 | 18:58.1 | 18:18.9 | 17:45.3 | 17:44.8 |
| 50m Breaststroke | 40.10 | 38.00 | 36.60 | 35.80 | 34.00 | 32.90 |
| 100m Breaststroke | 1:25.30 | 1:21.30 | 1:18.10 | 1:15.80 | 1:11.80 | 1:08.80 |
| 200m Breaststroke | 3:18.30 | 3:04.40 | 2:54.30 | 2:47.50 | 2:41.40 | 2:25.10 |
| 50m Butterfly | 36.30 | 34.50 | 32.70 | 31.70 | 31.00 | 30.30 |
| 100m Butterfly | 1:22.50 | 1:15.70 | 1:11.00 | 1:08.80 | 1:07.00 | 1:05.40 |
| 200m Butterfly | 3:03.10 | 2:46:50 | 2:35.80 | 2:30.20 | 2:23.10 | 2:18.90 |
| 50m Backstroke | 37.40 | 35.50 | 33.90 | 32.80 | 32.10 | 31.40 |
| 100m Backstroke | 1:21.40 | 1:15.40 | 1:11.20 | 1:08.80 | 1:07.60 | 1:06.10 |
| 200m Backstroke | 2:52.20 | 2:39.10 | 2:31.30 | 2:27.30 | 2:22.00 | 2:19.90 |
| 100m IM | 1:18.00 | 1:14.30 | 1:11.70 | 1:10.80 | 1:08.90 | 1:05.40 |
| 200m IM | 2:43.20 | 2:34.70 | 2:30.70 | 2:27.70 | 2:24.90 | 2:14.10 |
| 400m IM | - | 5:44.30 | 5:25.60 | 5:15.30 | 5:03.40 | 4:52.90 |

**B GRADE**

**Cut-offs (not faster than)**

**Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **9** | **10/11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | 39.10 | 36.20 | 34.00 | 32.50 | 31.30 | 30.00 |
| 100m Freestyle | 1:30.30 | 1:23.40 | 1:16.40 | 1:10.50 | 1:07.20 | 1:03.90 |
| 50m Breaststroke | 50.30 | 46.90 | 43.40 | 40.60 | 38.80 | 37.00 |
| 100m Breaststroke | 1:56.30 | 1:45.80 | 1:37.00 | 1:29.90 | 1:24.80 | 1:21.00 |
| 50m Butterfly | 43.90 | 40.40 | 37.50 | 35.70 | 34.00 | 32.50 |
| 100m Butterfly | 1:43.40 | 1:33.70 | 1:26.20 | 1:19.20 | 1:14.80 | 1:11.00 |
| 50m Backstroke | 46.20 | 42.00 | 39.20 | 37.10 | 35.70 | 33.10 |
| 100m Backstroke | 1:42.80 | 1:33.50 | 1:26.10 | 1:19.90 | 1:14.90 | 1:11.50 |
| 100m IM | 1:39.70 | 1:33.00 | 1:27.00 | 1:21.60 | 1:18.00 | 1:14.50 |

**Girls**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **9** | **10/11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | 39.60 | 36.50 | 35.10 | 34.10 | 33.10 | 32.40 |
| 100m Freestyle | 1:30.50 | 1:23.10 | 1:16.90 | 1:13.80 | 1:12.00 | 1:10.80 |
| 50m Breaststroke | 51.30 | 47.00 | 44.50 | 42.90 | 41.70 | 40.80 |
| 100m Breaststroke | 1:54.30 | 1:44.50 | 1:37.50 | 1:33.80 | 1:28.80 | 1:26.50 |
| 50m Butterfly | 44.00 | 40.40 | 38.70 | 37.00 | 36.20 | 35.30 |
| 100m Butterfly | 1:42.00 | 1:33.00 | 1:28.70 | 1:22.30 | 1:18.20 | 1:15.70 |
| 50m Backstroke | 45.20 | 41.20 | 39.80 | 38.30 | 37.80 | 37.40 |
| 100m Backstroke | 1:40.00 | 1:32.00 | 1:27.10 | 1:22.50 | 1:18.50 | 1:16.60 |
| 100m IM | 1:40.80 | 1:32.10 | 1:28.10 | 1:25.20 | 1:23.50 | 1:20.60 |

**Promoters Conditions**

1. The meet shall be run under ASA Laws and FINA technical rules of swimming.
2. The Referee’s decision is final at all times.
3. No secondary strobe is available for this meet.
4. All entries to be submitted by each affiliated club’s Competition Secretary on-line via [www.OpenMeets.co.uk](http://www.OpenMeets.co.uk). No paper or Email entries will be accepted.
5. All competitors must be registered with Swim England / ASA and be at least a Category 2 swimmer.
6. Swimmers must not have swum faster than the cut-off times in the 12 months preceding entry.
7. Entry times are to be short course times or converted long course times.
8. Swimmer’s age group is as at Midnight, 13th December 2020.
9. Poolside or late entries may be accepted at the discretion of the Promoter.
10. Integrated heats will be seeded and spearheaded according to entry times.
11. All events will be swum as heat declared winner.
12. The Promoter reserves the right to amend the running order of events to give swimmers appropriate recovery time wherever possible.
13. Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
14. Competitors must report to their Team Manager on arrival.
15. Team Managers must return their Check-in Sheets within 10 minutes of the start warm-up.
16. Start Lists with heat/lane assignments will be issued. It is the Team Managers responsibility to ensure their swimmers go to the staging area on time.
17. All swimmers must report to the staging area two events before their heat or, if they are in the first event of the session, five minutes before the published start time.
18. Awards will be given to the fastest three swimmers in each event for each grade in all age groups. Speeding tickets will be issued to swimmers swimming faster than their entered grade.
19. Swimmers can collect awards from the trophy table after their event results have been published.
20. Entry fees are £6.00 per individual event up to and including 400m events. Entry fees are £12.00 per distance event (800m and 1500m Freestyle). Entry forms submitted by individuals / families will incur a £1 administration fee.
21. Coaches Passes cost £25.00 and includes admissions to all sessions, a program, a buffet lunch with refreshments and results via web.
22. Admission for spectators will be: £8 per day pass, £5.00 per morning or afternoon session.
23. All spectator tickets to be purchased on the day of the event. Tickets are limited and sold on a ‘first come, first served’ basis. There will be no entry to the spectator balcony without a valid ticket.
24. Entries open: 00:00 Hrs. 13th July 2020 and close 13th November 2020 or when meet is full.
25. Entries will be accepted on a ‘first come, first served’ basis.
26. Strictly no refunds for entries withdrawn or scratched after entries close.
27. Poolside entries may be accepted at the discretion of the Promoter, providing the swimmer is already attending the meet.
28. Any queries regarding entries should be emailed to [entrymanagement@openmeets.co.uk](mailto:entrymanagement@openmeets.co.uk).
29. Meet participants must observe the safety precautions and wear footwear when leaving poolside.
30. In accordance with ASA Child Protection policy, anyone wishing to engage in zoom or close-range photography must register on entry.
31. The use of mobile telephonic devices on the poolside is prohibited.
32. If Scarborough Swimming Club cancels the meet, clubs will be contacted, and full refunds arranged.
33. No refunds will be given if a competing club does not attend and the meet has not been cancelled by Scarborough Swimming Club.
34. Individuals swimming in 800m or 1500m Freestyle can only enter one of these distance events, not both.